

**CHATURMASA MESSAGE**

*BY*

***H.H. SRI SRI SRI VIDYANARAYANA THIRTHA***

***SWAMIJI***

***VOLUME – I & II***

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***VOLUME – I***

22.6.1990

BLESSED DEVOTEES:

Blessings to you all. Rainy season has started. Today the weather is cloudy, dull, and chill. Swamiji quietly settled down in a square room, at our most loving devotees home (Sri B Venkataramana Rao). We have the previous link (i.e. of previous life). Destiny decides as to where to stay, where to eat, what to eat and what to do in daily life.

In my personal feeling, Nature or God is very very powerful executive, supported by the TIME (Maya) factor. Time paves way for all things to do, and that is why we often refer 'panchangam'. If all our actions, be they our thoughts, words and deeds, are performed in right time and in the right way, with the Grace of God, all our efforts will be fruitful and beneficial. A rich man may become poor or a poor man may become rich, or the flood, earthquake may swallow the entire crest material. One has to observe silence with devoted mind and with loving mind that SUPREME NATURE OR GOD. One has to be grateful to the NATURE. If not, he has to reap the reactions caused by the Nature, and such effects are once again due to Man's actions quite opposed to the law of nature.

According to Dwaitha system of school, there are two aspects, viz., Nature and Supreme Energy. What is that Nature? This nature is nothing but "Pancha - Bhutas" (Space, Air, Light, Water and Earth). Everything on this earth consists of these five elements. These are controlled by the SUPREME ENERGY. One may call it PARA BRAHMAN, one may call it Krishna or another may refer the same as SUPREME ESHWARA OR SIVA. For common man, everything appears two are different. Without that difference, one cannot reach the end of the Eternal Truth. That TRUTH is called PURE SELF or ATMAN. Madwa school of thought declares that even soul differ from one

another. But the fact is not like that; Sri Shankaracharya says that the soul or ATMAN is the only one REALITY that is present in all the atoms of life. But the character differs from one another, Nature is inferior to that of supreme ATMAN or BRAHMAN. Energy controls the Nature of Globe. Energy is super; it is feminine which we worship as MOTHER. She is wealth. She is knowledge. She is power. She is peace as well as destructive force. Worship of Mother is very sacred.

HARI OM SRI KRISHNA NAMAHA

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23.6.1990

Dear Blessed Devotees:

Today let us see the inner meaning of FEAR and FORGETFULNESS. What is fear? ..... Fear is always born of ignorance of the knowledge of self. You are never afraid of yourself; but to protect yourself from your own fever, you build imaginary house around you with more thoughts of money, better position, etc. in ego form. This ego leads to more ambitious status, it gives fear. If you ask anybody, he replies "I am afraid". The question arises that he is afraid of what. The answer is "I am afraid of something other than myself". So, whenever there is a concept of "other", there is fear, restlessness, agitation, worry, anxiety, each following the other. Anybody therefore, if he recognises or cognise something other than his own Self or Atman is afraid of the 'other'. The very object you see as 'other' becomes the source of fear. Man is subjected to such fear and misery only because he is disobeying the law of life as discovered and explained in our vedic scriptures. These lead one to know the right way of life. If one does not follow the rules laid down in the scriptures, he will end up in misery, worry, and fear of life. He cannot concentrate on "INNER CONSCIOUSNESS or SELF or ATMAN. For this meditate silently daily at least for 10 to 20 minutes in the early hours of dawn. Through meditation, one receives calmness, becomes self-analysed, and will be able to remove all bad characteristics and actions one by one, learns to observe divinity in all things; slowly reaches to attain Self-Awareness. That is precisely journeying to Advaita status of life, in other words, oneness with SAT-CHIT-ANANDA or PARABRAHMAN.

Let us come down to the world of 'Forgetfulness'. It follows fear. If one has fear in mind, it leads to anger and tension. This leads to

forgetfulness in the performance of right action in the daily life. Forgetfulness is the mental health. This leads to unnecessary imaginations, which bring forth unwanted thoughts of desire. The desire attaches to Vasanas. Vasana creates more dreadful thoughts and activities. The end of this life journey leads into the whirling wheel of birth and death. Indeed there is death other than forgetfulness. For this, the answer is given by Smrithi – What to do? ..... One must become quiet without projecting any thoughts in one's mind. Let us try to withdraw the mind from the objects, emotions, and unwanted thoughts and contemplate upon our own REAL NATURE, 'THAT ONE ATMAN' or 'SELF' in all the things (beings) in the world. Let us bring our own consciousness with a deep attention towards inner-self withdrawing oneself from the external forces of thoughts/words/deeds and all intellectual imaginations. Therefore, let us try to gain carefully in a slow manner, the state of inner-peace, by fully abiding in SELF or ATMAN.

If we have to gain inner-peace within ourselves, we must remove the fear and forgetfulness from our mind. The next question that follows is as to how to remove.

It is by TRUTHFULNESS. Truth is that which remains unchanged in all the three stages of body, mind and intellect. One, who reveals in the constant reflection upon truth, naturally withdraws his attention from them. By so doing, he is liberated from the persecution of the world's sense objects. Such person regains to experience the external glory of the true self or PARABRAHMAN or Inner-Peace. Therefore, the truth is strong weapon for mankind. Let us all learn and try to follow in our daily life.

Swamiji will meet you again tomorrow, afternoon.

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8.7.1990

## CHATURMASA

GOD is NATURE. He is creativity and life itself. When the man casts off his 'ego', he realises the limitless life-force, which is GOD. God is manifestation of the ego being reduced to naught. The limitless does not enter us from outside. It is the extension of the self. It exists all the time, but we have no patience or stability to see the SUPREME ATMAN or SELF within us.

On this sacred day of Vyasa Pooja, we shall pray God sincerely and faithfully to carry out our day to day work which he has allotted to us in a good way. Let us all pray god through PRANAVA or OMKAR. Prayer meditates between god and Man. What is bread for the physical body, the prayer is food for Inner-soul. The real prayer would be such to request the god to whatever he thinks to be proper. One can create super power of energy through loving prayer. The prayer subdues the 'mind'. This causes getting stamina to withstand pain, pleasure and to have patience and paves the way to liberate from the wheel of birth and death. Remember the 'name' of God at all times and at all places.

HARI OM

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9.9.1990

Dear Blessed Devotees:

Birds and beasts come into the world in their true colours and leave the world in their true nature. But human being alone is not faithful to his MAKE. The nature of man is devine-hood, to be realised. Let him become a superman before he quits mortal-coil of the world. While the beasts and birds move about free from entanglements, man alone cannot travel easily, because of his selfish desires and possessive tendency to accumulate wealth. By acquiring physical comforts, man adds to worries, wealth, woman and worse actions. This follows greed. Overeating ruins the body and leads to decay of good health. So, learn to live, learn to eat, learn to lead a good life and realise yourself. Intellect is the fourth sheath of the body. The function of this is to interpret a thing in its true light. Man is endowed with that faculty. The light of self or Atman comes out through the inner-organ of knowledge. One may say that there is no God-man on this earth. Another says that there is no bad man on this earth. The perception is barred on man's disposition quality and his inborn nature. As the seer purifies his instruments of thought-deeds-words, his apparent nature also reacts and varies. So, learn to see, use and realise in right manner and reach the benefit of objects in positive way of life. Adjust yourself to the welfare of all in society. Let not your personal requirement be undue hindrance to the others. Do not cause friction anywhere. Rub not anybody the wrong way.

Avoid contact with undesirable elements. Cringe not before men in power. Be polite, pleasant, peaceful. Be blessed by saints, seers and selflessly motivated personalities. Beware of the man who seeks to be a master of the nature. He alone is a master, who is egoless, simple, pure, devotion minded, with serving the needy and kind-



hearted ones. We want reformers not of others but of themselves. The difference of man lies in power of concentration of mind towards thought-words-deeds. When the man surrenders his fame, he becomes the mouth-piece divinity. What he utters is the voice of the Divine. Man terminates his pilgrimage, when he realises what he really is (ATMAN).

People complain of the ingratitude of others. God has not only one hand, but all the hands are his. All eyes are God's eyes and all minds are HIS mind.

In your dealing with anybody, did you ever care to see that whether the person pay you back by the same hand as he used to in the action of receiving? He may employ the other hand, and what of that? Your customer is not the hands but the wielder of hands. So your business is with the God (the law-master or Divine master), but not with the mere visible friends or foes. God never fails in the discharging of his duties. So, why fret and worry, restless and rude to the divine master? ..... None, none, but your own self has an exclusive rule over the universe

Realise the fact through calm meditation, and through discrimination of your thoughts under calm status. May SADHGURU become our guide to show the right path. God shines best only when put in the hot-furnace. It means that the knowledge of the self is put in the study of nature with the help and guidance of Guru. We can also come to understand that GOD is PARABRAHMAN EXISTING IN ALL THINGS.

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10.7.1990

Dear Blessed Devotees,

BHAKTI is a natural force which is found working in all creations, viz., vegetables, animals, minerals and in all human beings. The magnet when approached by a needle, magnetises it, and then draws it to itself, and converts it into a magnet. This means that magnetic force attracts new comer to the main force.

This is called nature of devotion or BHAKTI. The jiva's contact with the parent's body of great Bhaktas, is ever to strengthen devotion to God. Smile and secure the greatness of Saint's sayujya. You will settle down in life happily. Follow Bhakti path, which is the highest yoga in Kali age. Walk in the peaceful valley of faith in god, then he will walk with you.

There are four different types of human behaviours which forms part of Man's daily life.

1. The first type is able to recognise the fault present in himself as also to recognise the god that is present in others.
2. It is intermediate grade, which is able to recognise good in himself as well as good in others.
3. The third type is that hides or denies the faults present in himself, and expose the faults present in others.
4. He is the worst. Who goes on proclaiming the good which does not exist in himself, but also tries to expose the faults of others which do not exist in them at all.

These people may also go to the temples, worship God, do all types of religious practices etc., yet they do not get peace, bliss or gather realised experience of Godhood.

Swamiji gives you all as examples titbit. We often see that a person who is very staunch believer of god is put to constant tests and hard way of life. These tests may include poverty, suffering from diseases, disrespect in society, and other bad things in day to day life.

We may also think that people living wrong order of life, rough behaviour, crude of nature to others; and worst actions in daily life may also lead better life with flourishing state. They do not seem to even follow an inch of Dharma of human age.

At this stage, we will go to a doctor and you act as patient, we will get clear answer. If you approach a doctor, he will examine you thoroughly. At this time, one has to surrender his 'ego' and be frank in disclosing his ailments. The patient should take doctor into confidence. He must reveal all his weakness and secrets to him. In the same way, we have to surrender since we have chosen the religious path. He may at his discretion subject us to such tests as may look like suffering, discomfort, lack of opportunity to attain the material comforts, but perching a man who is in very righteous path.

**If God's grace is there, the person will be purified and his ego will be erased. He will be detached from material attachments and elevated spiritually to be on the top to receive his Divine unlimited grace.**

As we know, the dirt in a cloth is removed by soaking it in water, by applying soap, beating with a stick, twisting and turning in water, ultimately to see the completely dirt less pure cloth. In the process of cleaning, the cloth has underwent so many tests. If it is so with a simple cloth, how about cleaning our own Self or Atman or Mind or Inner organs like – Dislike, Ego, passions, attachments, selfishness and a score of other negative qualities to become pure and honest.

The doctor is no other than 'THE GURU', the chemical examinations are nothing but sufferings bestowed on us, and restrictions on diet, press etc. is symbol of Satwic Guna, to regulate our tempers to lead a simple living.

The operation process conducted by doctor is nothing but removing unwanted negative qualities that are in us.

Swamiji (doctor), myself concludes like this in the following manner. Just as a patient believes the doctor, follow the prescription faithfully to get rid of the diseases, so also the devotees if he believes in the dictate of the ultimate supreme power of God through Guru, will be able to understand, appreciate, and reap whatsoever; the consequences that are bestowed on him. They are the move commands of that Sadhguru.

The so called sufferings is liberation from all the bandage of all pains or opposite like attraction and repulsions, like and dislike etc.

Heaven is nowhere than in simple mind which is free from all bad thoughts, full of compassion, forgiveness, equanimity, righteous life, peace, bliss. If so, now the devotee is liberated soul pure in mind, and broad in outlook, without distinction of anything. Let us all become real patients of 'GOD', surrender to him, for the tests and clinical examinations as HE may prefer to prescribe to us to enable ourselves, to recover from sickness of attachment of Maya, Ego, Selfishness, Greed etc.

May Sadhguru be our personal physician who can always take care of our mental and spiritual health of our inner Consciousness.

Glory to Doctor Guru, Sri Datta Sai, Namaha.

God bless you all with peace, health, bliss for ever.

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WHERE THERE IS FAITH, THERE IS LOVE. WHERE LOVE IS, THERE IS PEACE. WHERE THE PEACE IS THERE, GOD OR SUPERPOWER EXISTS. WHERE HE EXISTS, THERE IS NO WANT. PRAY DAILY FOR THIS TO ATTAIN AND EXPERIENCE.

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RIVER OF LIFE STARTES FROM HER ANCIENT SOURCE. THROUGH CRAGS, ROCKS AND DALES, SHE STRUGGLES ON AND ON, SHE RISES AND FALLS, SINGS AND DANCES, RUSHES AND ROARS, NOW SILENTLY FLOWS. SHE RUNS ON AND ON. HEPING LIFE TO GROW AT LAST FINDS HEAVEN OF REST AND PEACE; IN THE STILL DEPTH OF LIFE OCEAN.

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OUR KARMA IS THE CAUSE OF OUR HAPPINESS AND SORROW. THEREFORE, PUT UP WITH WHATEVER COMES TO YOU. GOD GURU WILL TAKE CARE OF YOU. SURRENDER TO HIS FEET WITH BODY, MIND, WEALTH AND SPEECH. THEN SEE WHAT POWERFUL GOD DOES FOR ALL FOR US.

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How to reduce our mental pain?

There is no world and no life without problems. The physical pain and mental agony can be equated to the payment of rental for the house occupied by you. 'Rental' means physical pain. Mental agony means 'the house or physical body'. We must always count our blessings whenever we face problem. When we have faith in Lord, there is nothing to worry. Let faith and Patience be our ideals. Forget and Forgive the faults of others. The more evils and bad things that come to me, the more good will radiate on me. This must be our attitude. Why do good people suffer in life? e.g. good and careful driver of a car or bad and wreck less driver. Even the good driver meets with accidents through the fault of the wreck less driver. Thus, on occasions, even the good has to suffer despite their goodness.

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We cannot see god but we feel his Divine experience. Only experience is knowledge. True experience is true knowledge. This experience is tested in a laboratory is called Science. Experience in life in relation of man to man to man to society is called 'event'. It cannot be repeated. Experience in life in relation of man to god is known as 'bliss', which can be repeated by the spiritual method alone. It cannot be tested or proved by reason or logic in our modern laboratories.

Science has proved now and all will prove in future that what is unseen is not only true but perhaps far more real and powerful than what is seen (Internal) pure consciousness of Divinity that exists in all living bodies of the universe. This we call it the Supreme Parabrahman.

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There are two days in a week about which and upon which and upon which no one can worry. These days are considered as carefree from fear and apprehension. That is 1. YESTERDAY and not to worry about is 2. TOMORROW.

Everybody wants to lead a life of happiness, peace and security. But our modern life is that there is more tension than happiness; security is less; and lots of worries are created. Everywhere there is disparity, struggle and unfavourable conditions in one way or the other. Now, one begins to quest for God. He is always guiding us, helping us, looking after us every moment, we have the inner-consciousness to believe, true heart to accept, clean mind to see and enjoy the glory of the Divine-Lord.

The world is a place of duality – light and shadow, that will never know perfect peace. Each day we wonder what will be the headlines tomorrow. We are all trying to escape. But wise is the man who has come to understand that God alone will save. The wind blows within safe limit. Fire does not spread beyond the limits. Sea do not encroach on lands. The downpour of rain does not touch the border of destruction. Earth tremors are not daily occurrence. Sun heat does not transgress the limits of safety. The control exercised in all these things proves the existence of SUPREME POWER OF GOD, who rules the entire world very safely. Let us always thank HIM every moment of life. A true hard labourer is God-like person. He can be worshipped as God. Since he is very honest, true to his labour, hard work, and living sincerely to his Self-Atman, he is also very contented to his ability.

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Childhood is spent in fun and frolic. The mind remains restless at this time. In youth, he runs after the sensual pleasures, and can

never expect peace or bliss. During old age, the body becomes weak and diseased and start decaying. At every stage, man forgets nature. The boat of our physical body has been purchased at very heavy prices of acquired merit of previous life. Before his boat becomes unfit for service, use the boat well; to cross over to the other shore of the ocean of Sorrow of pain with pleasure.

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What is it goes when we leave this physical body? ... Wealth, woman (wife), sons, daughter, relatives, other things remaining in the house itself. Even friends, well-wishers come up to grave yard and return to their homes. Only our good deeds or action or evil deeds accompany us upto the court of law (before Supreme Nature of God).

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SADHGURU's form is the root of meditation. Sadhguru's feet are the root of worship. Sadhguru's word is the root of Mantra. Sadhguru's grace is the root of liberation of one's life. Pray always at the feet of Sadhguru.

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## WHAT IS THE MEANING OF SWADHARMA?

It is the Swadharma of the individual to help those around him, who are in misery; to alleviate suffering and sorrow; and finally promote joy and harmony in the world. More specifically actions that are in harmony with one's nature, which can be performed with a sense of inward satisfaction and delight called Swadharma. However, the actions that are formally performed by everyone in the form of eating, sleeping, enjoying, walking, breathing etc. are not to be confused with Swadharma. It is the Karma or action that leads to



spiritual evolution and resonates with one's inward nature, beckoning the Soul to discover its increasing ability to serve god in Humanity. This is called the Real act of Swadharma.

Perform actions toward inner-consciousness. Do not expect any personal reward for the performance of action. When you give up the selfish expectations, you are surely elevated to higher planes of spirituality. Serve others with pure love with true action, i.e. joining with love. Love gives way to meditation. It leads to wisdom. This wisdom converts an ordinary man to yogic life. A true yogi does not stand in need of praise and recognition from others. He always carries out the true principles of Swadharma path.

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**CHATURMASA MESSAGE**

*BY*

***H.H. SRI SRI SRI VIDYANARAYANA THIRTHA  
SWAMIJI***

***VOLUME – II***

Blessed Devotees,

Prayer brightens your mind and you work with a cheer without strain, heart with god and hands at work. Do not forget God however busy you are with your work. Try to communicate with God at least for a few minutes daily. Certainly, God will listen to your prayers and bless you for further progress in life.

The best property is in two forms for everybody – 1. Vishnu Sahasranama – Reciting regularly, and chanting 2. Gurumantra given by a Sadhguru. The force of repetition is such as to draw back to correct path of life, when he is troubled by anger, hatred, poverty etc. Use special equipment of pure devotion, dive deeply into the ocean of spirituality of Godhood.

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Once there lived a tiger of female order. She was pregnant and moving in a forest. Once she attacked a flock of goats. As the tiger was attacking, she gave birth to a birth cub and later she died. Poor small cub was taken back by the goats to their camp. The cub grew up in the midst of goats, followed goat's nature of habits. Years passed on and the cub grew into a full-grown tiger, but it was mild and satwic. One day another tiger attacked the same flock of goats. This wild tiger was amazed to see the grass-eating tiger. Running after this, the wild tiger caught it, but the goat-tiger began to bleat. The wild tiger understood, took goat near a pond and said... "Look at your face in the water. It is just like mine. Here is a piece of flesh... eat it". The wild tiger thrust the meat into the mouth. But the goat tiger would not take it. But with the force, the goat tiger tasted the meat with blood. It understood that she belongs to carnivorous sect, but not to the goat's family. Finally, the goat tiger became a real tiger and left to the forest. Now, let us come to the philosophical points.

Eating grass is like enjoining the world of senses. To bleat and run away like a goat is to behave like an ordinary ignorant man. Going away with a wild tiger is taking shelter with the Guru who helps in awakening one's own spiritual consciousness. To see one's face rightly is to know one's real self (the divine spirit who is Guru of Guru). Having drunk the liquor of Avidya, i.e. Ignorance, the whole world has become mad, and dancing to the tune of destruction. Everyone is on his way for a worthless ideal. Frustration, crime and fanaticism are increasing day by day. Oh..... Dear Devotees..... Catch hold the hold feet of Sadhguru. Serve, believe and be firm unto him. You will be relieved very quickly from this wicked Samsara.

Today morning a devotee came; he put forth some question in a hard way and he was in deep worry status. Swamiji gave this reply according to the simple devotee's wish:

Time is the Cosmic tramp. Adjust the time, your environmental facts, your own condition, believe in yourself. Be he could not with stand this simple. I understood his feelings – I replied: 'Whatever the object you love, you want to be permanent. You will not like to grow old. But the time turns, your hair grow weak and turn into white. You beat your face of its blush. The result if worry, a danger against the nature.

You love to have kith and kin with you. As time comes, you are snatched away leaving behind all of them. The result is what?

You crave to hold on to your titles, honours, etc. but one day or the other, you find yourself disposed of them. What is the result? ..... Gloom.....

Your long to lie in the same climate that you want. But the whirling spindle of nature's time spent seasons away. What is the

result? ..... Discomfort in the maintaining temperature of physical body as well as your surrounding place.

Why all these? ..... you have omitted to recognise the unerring law that all under the sky, being in time must change, pass, perish, and become. In your awareness of this law, lies your release from all the worries and discomfort. IF ONLY YOU CAN TAKE THINGS AS THEY COME, AND LEAVE THINGS AS THEY PASS... that is living according to Lord Sri Krishna's saying in Sri Geetha:

“ADJUST, ACQUIRE, ACT, ATTAIN PEACE, HEALTH & PROSPERITY...”

WHAT IS A MIRACLE?

Let us think over this point today... A miracle is considered to be an effect or event without law or beyond laws. But all the events in our worlds are lawfully warranted and lawfully explicable. In our country, there lived great saints and seers, who performed miracles indirectly to devotees from converting bad to good ways and also to believe that great God power exists. Naturally common layman was cured; Miracle or Siddhi is the result of Selfish service, penance, and meditational power of great saints. A Yogi concentrates his attention on a thing and transforms the thing into another desired thing. Thus he becomes one with Parabrahman. When once he does this, he can control the animate as well as the inanimate things in the whole world. The yogi is also devout devotee who can see god everywhere and then he can perform any miracle.

There is only one god and who have worked for the welfare of mankind. He is the very principle of power behind this wonderful universe. A religion is nothing else but virtuous humanitarian path of living, in which we develop ourselves fully and help others to live, to rise and develop spiritually or materially. Behold the form of God in

everything. Treat Gold and dust alike. Do not desire for the fruit of action. Be conscious of the lord in every being.

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## GURU POORNIMA

Guru poornima falling on the Full Moon Day in the month of Ashada (June-July), is very very sacred day for worshipping Sadhguru. It is called Guru's birthday. According to our tradition, Guru, who is held in high esteem, is next to our mother and father, according to our Vedic tradition. Mother gives us in the physical world. But the Guru, the teacher helps us to know the spiritual world as well as the Inner Power of Soul (Consciousness).. E.G. Ekalavya an expert in Archery, who learnt the art of skill before statue as Guru. Even Sri Rama and Sri Krishna, had Guru, they followed Guru's instruction as human being, even though they are the incarnations of God. This shows that one must surrender to the feet of Guru to adopt the life function and also know self. Saints and Seers from immemorial who are Jeevanmuktas have been expressing that realisation of Supreme-Power is the highest goals of life.

The concept of this to remove all ISMs; and to accept the universal brotherhood, threatening all alike. If one wants to go in the higher status of Religions mentally, one must forget casteism, creed, fanatic faiths, and different cults. The vital projects or pure devotion and Bhakti Cult.

Let us remember that the Guru is vital link between the Individual and the Immortal Power of God. It is he who is only one, who can achieve a direct knowledge of the Atman through Anubhava or Self experience can be considered as Sadhguru. Brahman is HE himself.

Sai Datta Guru cult require no specific mode of worship or mantra initiation; but only demanding two essentials viz., faith and Belief Sai Cult synthesised humanity. The ever long presence of Lord Bhagvan Sainath in all places at all times, in all circumstances, being the experience of innumerable people all over the world is a unique phenomenon of the world.

Let the Guru Poornima lead all of us under the HOLY FEET of Sadhguru Datta Sai Maharaj, to make our life more peaceful, sublime and super in all our material as well as spiritual field. My Guru Grace be with one and all for ever.

SWAMIJI

A sweet word is a healing herb. A bitter word is like an arrow. Entering the door of the ear tears through the whole body. Let us all speak very kindly as well as sweetly to all living beings on the earth.

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Your true wealth is purity. Your true wealth is wealth and power. Purity of your heart, your life is purified. Always repose love, purity, gentleness, meekness, patience, compassion, generosity and self-renunciation. Faith and purpose promotes the power of life. If your real desire is to do good, do it at once, this very moment, else, that mood is lost forever.

GOD BLESS YOU.....

## PRAYER TO LORD

Everything that glitters

Every creature that flutters

Every corner of earth, sky and ocean

Receive thy power and due motion

The Beats of our Heart

The limbs and body's every part

In your hand beautiful and gay, even the world is just a puppet's play

You bestow your blessings untold

Unmindful of caste, Colour and fold

Oh..... Lord Datta, Enrich our faith and belief in you always

To attain your feet and life true

Om Datta..... Om Datta..... Om Datta.....

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A man is known by the thoughts he keeps; as the thoughts, so is the mind, so the Man of the society. Thus the individuality manifested through a full of negative evil thoughts would be unattractive, uncultured, and he will be animal-man. While personality expressed in the world through the mind which fill with good positive thoughts is always saintly nature, charming, attractive, beneficial to all mankind. So the mind is the main organ which generates the thoughts. If any man or woman purify the thoughts by chanting prayers to Lord or Gur God, his or her mind will always produce pure thoughts which will be useful in action and deed for the world, and



also for themselves. Always create positive thoughts from the mind. In Geetha, Lord Sri Krishna declares “I AM THE FRIEND OF ALL LIVING BEINGS”. Who is a friend? A friend is one who serves; helps us; guides; live for other’s good of service. Not to gain anything from us, but for the sheer joy of our company. Who then in this world is lonely? Who is there, who is utterly without friends? The only thing is that we refuse to recognise this GREAT FRIEND OF GLORIOUS PURE CONSCIOUSNESS PRESENT IN OUR OWN HEART. Yet this love is so ardent and overflowing. His friendship is so complete and firm that he befriends even those who deny his words and action. Even in perpetrating our ungodly activities, Lord the God is our sole friend, strange no doubt, but so very true. Open your heart and become friend to your self-consciousness.

Swamiji feels to give an example – A thief wants to loot a house in the midnight. His self-consciousness says that it is an evil act; but the thief acts in an adamant manner (self-consciousness- the friend says that is dangerous, he will fall down). But the thief goes against the self-consciousness. The thief goes and breaks the house. But due to the sound, the owner wakes up and cries, all neighbours begin to gather. Meanwhile, the thief runs away due to fear of being caught by police and people. He runs here and there, very fast, falls down hitting to electric pole. He gets wounded as well as receives the shock from the electric wire. His (self-consciousness) friend laughs and mocks at him... “You fellow, you wanted to do bad acts, you did not agree with me; even though I helped you as per your will, see your fate. Now run away from here. I will help you to go.”

This poor fellow finally reached safe place, sat down and meditated himself for some time. Then he realised his own mistakes and then onwards, he followed what his pure inner-consciousness dictates.

This shows that everyone must follow right consciousness thoughts from our heart. If our thoughts say 'NO', do not commit any acts. If the mind gives the signal, do it with evoking the God's prayers. Our bad thoughts are the cause of OUR own bad actions, which leads to destruction of the body as well as the mind.

A rich man wants to stretch continuously his experiences of joy in his health, but alas, it diminishes with passage of time. All over the world, a modern man is struggling to increase his joys of life, to maintain his virulence to lengthen his life-span, and in a thousand and others is strengthening their spiritual life.

There is anxious impatience with the law of FINITUDE that SEEMS TO WHIP MAN FROM ALL SIDES. The word "IMMORTALITY" in philosophy indicates NOT A CONTINUOUS AND MONSOON LIVING IN JOY IN LAZY YONDER THERE BUT A PERFECTION HERE within ourselves by which we can irrespective of the circumstances that play around us, come to live a continuous experience of tranquillity and peace. Less luggage of wealth, leads to peaceful mind and divert the mind to God. The purity of our mind can be and has to be supplemented by the purity of the body as well as in the important function of the body-speech-thoughts and actions. This is called "real thapas", not going to the forest or cave, to meditate on god.

Those who are sincerely seeking to realise the god, do achieve them, but with one condition, that they have become free from the taint of desire of selfish nature and vanish the quality of ego. Those who want to achieve must eliminate the feeling of "I and Mine". Try to practice atleast 1/3<sup>rd</sup> of the above before quitting the mortal coil. THERE IS NOTHING ELSE TO BE DONE EXPECT BOWING DOWN TO THE DIVINE WILL AND SURRENDERING OURSELVES TO HIS PLAN. A PROBLEM IN LIFE IS A CHALLENGE TO BE FACED. THE OUTER

PROBLEM CREATED BY THE ARRANGEMENT OF HAPPENING IS INTERPRETED BY OUR MIND, JUDGED BY INTELLECT. THEN ONLY RESPONSES ARISE FROM US TOWARDS TH PROBLEM.

There are mind-intellect equipments. The beauty and strength, smartness and alertness of the mind-intellect decide the quality of the individual's performance in life, that is to say success in one's life. The mind gathers to decide how as an individual, it should respond to the external challenge. In short, if we do not care to cultivate a system of order in our inner equipment of experiences, do not discipline the outer sense organs, we feel ups and downs in daily life. The apparent problem outside the individual's environment are but reflections ordered by unconscious in one's self. The world is the final projection of the Vasanas playing in the man's life. If you want to remove, dedicate your pure actions into life in the selfless way.

You may desire but be prepared for any eventuality. Make effort but do not be lost in the result. Accept with equanimity whatever happens, for pleasure and pain.

Hold the ego first and then ask how it is to be destroyed? Who asks this question? It is the ego. Can the ego even kill itself?

This question is a sure way to cherish ego, and not to kill it. If you seek the ego, you will find it does not exist. That is the way to destroy it. E.g. in a town, a neighbour in an adjoining house anticipated the visit of a thief in the house. He took precaution to nab him. Posted policeman in mufti to guard the two ends of the lane, and also, the entrance as well as back door of the house. The thief came as expected and the police in mufti rushed to catch to catch the thief. The thief took the situation at a glance and shouted "Hold him.... Hold him... there he runs.... There.... There", so saying

the thief escaped. So, it is the ego. Look for it, and it will not be found. That is the way to get rid of it.

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The person was asked to start the recitation of Lord's name with Bhajans. End it with memorising its joy. The recitation of Lord's name presupposes pious behaviour. Name of Lords ends fear, bestows peace and cleanse the dirty thoughts of the mind. Atleast once a day, do bhajan.

Dear Devotees when you come out of mother's womb, till you become independent enough to be called a complete man or woman, the parents and society, contribute many things to your growth. THIS IS NOTHING BUT GIVING. MAN'S NATURE IS ALWAYS TO RECEIVE BUT WHEN SAME SOCIETY ASKS TO PAY YOUR DUES ONE SELDOM INCLINED TO DO SO. Just look around your society's friends. Whole lot of society I starving, crying, begging, dreaming and desiring for that God's gift to be fulfilled. This is due to lack of repaying our due to the supreme Nature. We have to love others; or to contribute or to share with each other. MUTUAL LOVE IS DEAD.

In Newspapers day by day, we read killings of innocent people, yet our heart does not move. Are we so insane to death of own species? The truth of faith is love. But most of us have sentiments and emotions. Hatred has substituted itself in society today. We have forgotten that you and I are as much dependent on society, so also others.

Oh. Devotees.... Get up as and setup shoulder to the wheel. How long is the life for? As you have come into the world, try to leave some best mark behind. Otherwise, what is the difference between

you, the trees, the stones, and other animal kingdom? So... my friends, choose between leaving some good marks behind before you quit the mortal world. Within four walls, your characters will never grow; it can only decay without use of humanity. This word is great in meaning. Help friends, needy people, around you, feel happiness; this can't be purchased from market. This is the real blessings, reflected through their smile, from god, the supreme. Let every action of yours be beautiful to God. Elevate your thoughts. Lord loves prayer of service to needy, rather other things. THE TRUTH OF SINCERE PRAYER IS DEPENDING OF FAITH IN ONESELF. It follows love with service to nature. You and supreme nature are one and the same.

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## RADHAKRISHNA

Radha means Mother, Dharti, Shakti (creative power) and Sastu (matter). Krishna means Purusa – Bheeru – Father, Pran (life-energy) – Chaitanya or Atma – without Atma